

# Bellingham

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# Alive!

NORTH SOUND LIFE

## BEST OF THE NORTHWEST

# 2020

ARTS & ENTERTAINMENT

EAT & DRINK

KIDS & PETS

HOME & GARDEN

SERVICES

HEALTH & BEAUTY

ROMANCE & OUTINGS



# Reader's Choice

## BEST HEALTH FOOD SHOP

**Community Food Co-op**

**W**ho doesn't love the Community Food Co-op? They have everything you need to maintain a nutritious diet and health-forward lifestyle. From fresh, organic vegetables to vitamins, supplements, and tinctures, there's nothing you can't find in their bountiful aisles. They also offer classes on cooking, nutrition, and health to keep you educated and empowered.

Silver: ANMLY Cafe

Bronze: Electric Beet Juice Co.

## Editor's Pick

### MOST PAMPERING PACKAGES

Clear your afternoon, because these extravagant spa packages can last up to five hours. At **The Chrysalis Inn & Spa Bellingham, Curio Collection by Hilton**, The Chrysalis Signature Trio boasts three of the spa's most popular treatments: an hour-long Swedish massage, an hour-long organic facial, and an hour-long hydrating pedicure. At **Zazen Salon Spa**, the Message in a Bottle offers a similar deal—a facial, Swedish massage, and mani/pedi—plus a spa lunch. Finally, at **The Apothecary Spa** in Anacortes, the Nirvana Package includes a 300-minute lineup of a massage, an ageless beauty facial, and a revitalizing body polish, plus lunch.

### ADD SOME CBD TO YOUR MASSAGE

Suffering from pain or inflammation? The Vital Body Massage at **The Spa at Semiahmoo** relies on CBD massage cream to help relieve tension, ease pain, and even reduce anxiety, so you get all the benefits of a traditional massage plus a calming boost of CBD. Vital Body Therapeutics' herbal CBD massage cream is organic and derived from hemp, so you know your skin is nourished with the highest quality product. It's also blended with beneficial herbs, essential oils, and shea butter, so your skin will be smooth and blissfully scented.

### SUGAR-CHARGED CHAKRA SCRUB

Founded by Frida Emalange in 2007, **Zorganics Cosmetics** is a line of locally sourced, natural, and organic hair, skin, and cosmetic products. Inspired by the seven chakras of ancient meditation—security, pure love, power center, intuition, inspiration, creativity, and clarity—their NaÉtae Chakras Sugar Scrubs are formulated with essential oils that will help you awaken your desired chi. Made with shea butter and vitamin E, these scrubs will leave your skin feeling as soft and balanced as your spirit. Order on their website or in-person at their retail store.

## BEST SPA

**The Chrysalis Inn & Spa Bellingham, Curio Collection by Hilton**

Silver: Zazen Salon Spa

Bronze: Kara's Beauty Barn

## BEST MASSAGE

**Still Life Massage and Float**

Silver: New Life Chiropractic and Wellness

Bronze: Advanced

Medical Massage

## BEST FITNESS CENTER

**Bellingham Fitness**

Silver: Bellingham Athletic Club

Bronze: Fitness Evolution -

Bellingham

## BEST FAMILY PRACTITIONER

**PeaceHealth Family Medicine**

Silver: Lynden Family Medicine,

Family Care Network

Bronze: North Sound Family

Medicine, Family Care Network

# Reader's Choice

## BEST CORPORATE MEETING SPACE

Semiahmoo Resort, Golf, and Spa

**W**hen it comes to hosting a corporate retreat, who wouldn't want to gather near the ocean, with an on-site spa and abundant recreation options, plus team-building activities? Semiahmoo Resort, Golf, and Spa combines beautiful scenery with all the functional amenities you need to make your next meeting a success.

Silver: Four Points by Sheraton Bellingham Hotel & Conference Center  
Bronze: Gateway Centre Executive Suites



## Editor's Pick

### MOST SUSTAINABLE STAINERS

If you're looking to start the ultimate home makeover, **Bellingham Professional Finishes** can add the perfect finishing touches. While they specialize in wood and traditional craftsmanship preservation, they also assist in new construction and storefronts. Using environmentally conscious stains and products, Bellingham Professional Finishes will have your cabinets, interiors, and exteriors looking good as new for the long haul. Looking for a DIY project? They also offer stains and materials for purchase. Visit their new showroom to receive in-person consultations.

### LAUNDRY IN LUXURY

The goal at **Brio Laundry** is to get your clothes cleaner in less time so you can get on with your day. Their top-of-the-line washers and dryers can hold up to five times the normal load, so you can do more laundry at once. If you're truly in a crunch, drop your clothes off and let the attendants at Brio handle the process while you run errands; you'll get a text message when your clothes are done. If you want to hang around, Brio offers free wifi, plenty of seating, and the occasional complimentary goody—think donuts, coffee, and juice—to keep you comfortable.

